



RSET's
Deviprasad Goenka
management college of media studies
INDIA'S PREMIER MEDIA SCHOOL



SB-22

THE VOLUNTEER VOICE

ANNUAL NEWSLETTER

2024-25



'NOT ME BUT YOU'

ABOUT NATIONAL SERVICE SCHEME

The National Service Scheme (NSS) was founded in India in 1969 with the primary objective of encouraging student participation in social service activities. It was launched on the 24th of September, 1969, with the aim of developing the personality and character of students through community engagement.

The NSS emerged as a result of the desire to actively involve students in nation-building and promote social welfare. It draws inspiration from the principles of Mahatma Gandhi, who believed in the importance of selfless service to society. The program initially started with 40,000 students and has since grown to become one of the largest youth volunteer organizations in the world.

Over the years, the NSS has played a significant role in addressing social issues and creating a positive impact on communities across India. It has actively contributed to areas such as healthcare, literacy, environmental conservation, and rural development. Through their involvement in the NSS, students have been able to bring about positive change and make a difference in the lives of the underprivileged.

The NSS has continued to evolve, adapt, and expand its reach, remaining true to its founding principles. Today, it continues to inspire and engage students in various social service activities, shaping them into responsible citizens and future leaders who are committed to the betterment of society.

MOTTO

The Motto of NSS "Not Me But You" reflects the essence of democratic living and upholds the need for self-less service. NSS helps the students' development & appreciation to other person's point of view and also show consideration towards other living beings. The philosophy of the NSS is a good doctrine in this motto, which underlines the belief that the welfare of an individual is ultimately dependent on the welfare of the society as a whole and therefore, the NSS volunteers shall strive for the well-being of the society.

NSS LOGO

The logo for the NSS has been based on the giant Rath Wheel of the world famous Konark Sun Temple (The Black Pagoda) situated in Odisha, India. The Red & Blue colors in the logo motivate the NSS Volunteers to be active & energetic for the nation-building social activities. The wheel portrays the cycle of creation, preservation and releases and signifies the movement in life across time and space. The wheel thus stands for continuity as well as change and implies the continuous striving of NSS for social change.

OBJECTIVES

- i. Understand the community in which they work
- ii. Understand themselves in relation to their community
- iii. Identify the needs and problems of the community and involve them in problem-solving
- iv. Develop among themselves a sense of social and civic responsibility
- v. Utilise their knowledge in finding practical solutions to individual and community problems
- vi. Develop competence required for group-living and sharing of responsibilities
- vii. Gain skills in mobilising community participation
- viii. Acquire leadership qualities and democratic attitudes
- ix. Develop capacity to meet emergencies and natural disasters and
- x. Practise national integration and social harmony

DGMC NSS

Not Me But You has been the motto of the National Service Scheme (NSS), and the NSS volunteers at DGMC have strived hard to honour this motto. The NSS unit of DGMC was established in 2021, it is a sub unit of the National Service Scheme under University of Mumbai. Students who wish to make a difference to the society, bring a smile on the faces of the not so privileged members of the society, want to give back to the society, happily join and work in this club. Every students who joins the NSS and completes 120 Hours is eligible FOR 10 Grace marks under the University of Mumbai and if the student completes 240 hours is eligible to receive a Certificate from the Government.

DGMC NSS VISION

- To develop and encourage a sense of selfless service.
- To inculcate more values and share for community development and social welfare.
- To train the volunteers for social awareness and social responsibility.
- To practice national integration and inclusive practices.

PRINCIPAL'S DESK



DR. AMEE VORA

PRINCIPAL, DGMC

It gives me immense pleasure to pen this note for the National Service Scheme (NSS) Magazine, a publication that stands as a testimony to the unwavering spirit of service, compassion, and dedication demonstrated by our students. NSS has always held a special place in the holistic development of young minds, shaping not just responsible citizens but empathetic human beings. Through a diverse range of initiatives, be it blood donation camps, cleanliness drives, health awareness programs, or outreach activities in rural communities, our volunteers have shown exemplary commitment to the values enshrined in the motto "Not Me, But You." In an age where the youth are often distracted by fleeting trends, NSS cultivates a deeper connection with society, a sense of purpose, and a desire to be the change they wish to see in the world. I have observed with pride how our volunteers have gone beyond the classroom to serve with sincerity and humility, leaving an indelible impact on communities and themselves alike. This magazine is more than just a collection of reports and pictures— it is a reflection of heartfelt experiences, teamwork, leadership, and transformation. Each page captures moments that echo the essence of nation-building through selfless action. I congratulate the Program Officers, the entire NSS Unit, and most importantly, of our dynamic student volunteers for their consistent efforts and spirited participation. Let this publication serve as an inspiration for many more to join hands in service and humanity. May our NSS unit continue to thrive as a beacon of youth empowerment and social responsibility

PROGRAM OFFICER'S NOTE



PROF. DEVEEKA SHETTY

Program Officer

One of the core principles of NSS is 'Not Me But You,' highlighting the value of selfless service for the greater good. NSS is more than a program—it's a platform that fosters empathy, responsibility, and teamwork, encouraging meaningful contributions to society. Even small acts of kindness can create a big impact.

In 2024–25, NSS Unit SB-22 achieved record-breaking progress with 47 community service activities. As we enter the 5th year of NSS at DGMC, we aim to reach even greater heights in service.

As Swami Vivekananda said, "Service to Humanity is Service to God." Jai Hind!



PROF. VIRAJ BANDEKAR

Program Officer

As we pause to reflect on the past year, I feel immense pride in the remarkable strides we've made together. The dedication and unwavering commitment of our volunteers over these past months have been truly inspiring. We've taken on a variety of initiatives—ranging from community outreach to educational campaigns—all driven by our shared mission to create a meaningful impact. The difference we've made is genuinely touching. As we look to the future, we're filled with excitement and energy to begin a new chapter of service.

NSS LEADER



KRITIKA GEHLOT

Leader

As the NSS Leader, I feel proud to reflect on a year filled with impactful service, learning, and teamwork. Our volunteers have shown incredible dedication across all initiatives — from awareness drives and cleanups to cultural programs and community visits. Each event has helped shape us into more responsible and empathetic individuals. This magazine captures those meaningful moments and the spirit of "Not Me, But You" that continues to guide us. Let's carry this spirit forward and keep making a difference together.



YOGA DAY CAMP MU

The International Yoga Day Camp, organized by Mumbai University in collaboration with Kavalidham under the National Service Scheme (NSS), aimed to promote yoga's holistic benefits and raise awareness. Over four days, participants learned about yoga's history, practiced basic to advanced postures, engaged in pranayama, Yoga Nidra, and explored health-specific yoga practices. The camp also featured discussions on mental health and a spirituality session, culminating in a closing ceremony celebrating the participants' journey.



The camp fostered personal growth, increasing awareness of yoga's physical and mental benefits while strengthening community bonds. It successfully laid a foundation for future yoga initiatives, encouraging participants to adopt yoga as a lifestyle.



INTERNATIONAL YOGA DAY COLLEGE



In honor of International Yoga Day, the National Service Scheme (NSS) unit of DGMC, in collaboration with the Rotaract Club of DGMC, organized a special event at the PBajaj hall to promote fitness and well-being. Participants engaged in guided yoga sessions led by experienced instructors, emphasizing the benefits of exercise and mindfulness.



Beyond raising awareness about physical health, the event fostered a sense of community by bringing individuals together through shared wellness experiences. It encouraged participants to embrace a healthier lifestyle while strengthening connections through the practice of yoga.

WATER WATCH INITIATIVE



The pest control department, health post staff, and surveillance staff were involved from BMC. A total of 31 volunteers were part of the event. The event continued with the hands-on experience of our volunteers; around 45 blood samples were collected, and around 82 water tanks were inspected, cleaned, and medicated tablets poured inside the tanks.



Moreover, while inspecting Larvae of different breeds of malaria mosquitoes were found in about 5-7 water tanks.

All the volunteers learned from BMC officials how to properly collect blood samples. It was a very informative and different learning experience.



DGMC's NSS Unit, in collaboration with BMC, conducted an event on waterborne diseases in Vithal Pada. It included inspecting containers, removing waste, and cleaning rooftops.

The team also carried out a fever survey, malaria testing, and fogging to prevent mosquito breeding and raise awareness.



168th UNIVERSITY FOUNDATION DAY



The NSS university-level event, organized as part of the celebration of Mumbai University's 168th Foundation Day, was successfully conducted at the Churchgate campus of Mumbai University. The event saw distinguished guests, NSS units, and volunteers attend it, and among the guests were Mr. Vivek Phansalkar, Mumbai Police Commissioner, Head of Mumbai University, and other notable personalities.



The event upheld the NSS philosophy of "Not Me But You," promoting selfless service and community participation. It showcased NSS projects, encouraged idea-sharing, and strengthened partnerships to enhance outreach and impact.



The 168th Foundation Day observance was a grand success, motivating the NSS units and volunteers to go from strength to strength in their service activities and endeavor for excellence. It refreshed their resolve towards social responsibility, nation-building, and community service following the NSS motto.

PEER EDUCATOR TRAINING WORKSHOP

Thakur Ramnarayan College, in collaboration with the newly formed Red Ribbon Club, successfully organized a peer educator camp focused on AIDS awareness. The camp aimed to equip students with the knowledge and skills to become effective peer educators in the fight against HIV/AIDS.



The Red Ribbon Club is a newly established student-led initiative at Thakur Ramnarayan College. The club's primary objective is to create awareness about HIV/AIDS, dispel myths, and promote preventive measures among the student community. By organizing events, workshops, and campaigns, the club strives to foster a supportive and inclusive environment for individuals living with HIV/AIDS.



The peer educator camp was a resounding success, empowering a group of dedicated students to become influential advocates for HIV/AIDS prevention. The newly trained peer educators are expected to play a crucial role in raising awareness among their peers and promoting a stigma-free environment. The Red Ribbon Club plans to regularly organize such camps and workshops to expand the pool of peer educators. Additionally, the club will collaborate with other organizations to implement comprehensive HIV/AIDS prevention programs within the college and the community.

ORIENTATION



The NSS orientation program provided new volunteers with an in-depth introduction to the organization's ethos, activities, and expectations. It began with an inspiring speech by NSS leaders, highlighting the importance of service and community involvement.



A detailed PPT presentation followed, covering the operational aspects of NSS, including registration, attendance, reporting requirements, and volunteer coordination. Additionally, a recap of previous events was shared, giving volunteers insight into past initiatives and achievements.

To further inspire participants, a documentary film on a seven-day residential camp was screened. Former NSS leaders and volunteers delivered motivational speeches, emphasizing personal growth, while the NSS clap symbolized unity and enthusiasm among the attendees.



KARGIL VIJAY DIWAS



The NSS unit of DGMC organized a commemoration for Kargil Vijay Diwas, honoring the bravery and sacrifices of Indian soldiers. The event began with the National Anthem, followed by a candle-lighting ceremony as a tribute to the martyrs.



Principal Dr. Amee Vora delivered an inspiring speech, highlighting the significance of the occasion. A documentary on the Kargil War was screened, providing an educational insight into the historic battle. Additionally, a volunteer delivered a heartfelt tribute speech, reflecting on the soldiers' sacrifices.

An interactive session allowed students to share their thoughts on national security and patriotism, fostering a sense of awareness and pride. The event concluded with a moving performance of "Vande Mataram," leaving a lasting impact on all attendees.





FURR EVER FRIENDS

The NSS Unit of DGMC organized a special event, "Furr-ever Friends," on August 4th, 2024, to highlight the deep connection between humans and animals. With over 50 volunteers actively participating, the event focused on feeding and caring for stray puppies, fostering compassion and responsibility toward animals. Volunteers engaged in interactive sessions discussing the importance of animal welfare, ethical treatment of strays, and ways to support local shelters.

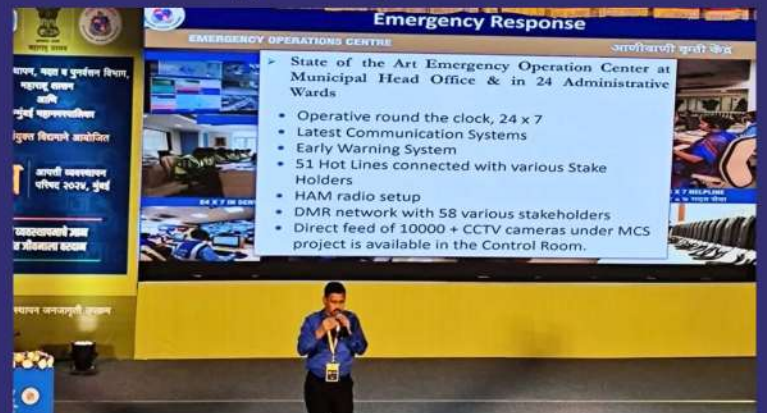


The event was widely shared on social media, helping to spread awareness about animal rights and encouraging more people to participate in similar initiatives. Through this, "Furr-ever Friends" not only promoted kindness towards animals but also inspired a sense of community service. The initiative set a strong foundation for future animal welfare programs, reinforcing the importance of creating a more inclusive and compassionate society.



DISASTER MANAGEMENT WORKSHOP

Heavy rains have led to lightning and flash floods in several areas, emphasizing the need for awareness and preparedness. To address this, the Government of Maharashtra organized a session with experts to educate people on handling natural disasters and the role of administrative support during crises.



Shri. Devendra Fadnavis and Shri. Ajit Pawar led presentations discussing poverty and government assistance during COVID-19. They explained the differences between natural and manmade disasters, shared safety tips, and highlighted challenges in disaster management. The session concluded with an interactive Q&A, allowing the audience to engage and gain valuable insights on disaster preparedness.

DID YOU KNOW

Preparation Saves Lives: Communities that plan and practice disaster drills are better at handling emergencies and recovering faster.



VAN MITRA



On August 5, 2024, the NSS unit of Deviprasad Goenka Management College of Media Studies (DGMC) celebrated "Van Mitra" in honor of Friendship Day at the RSET campus. The event aimed to strengthen the bond between humans and nature by encouraging environmental responsibility. Principal Dr. Amee Vora inaugurated the event by placing the first flower garland and adding fertilizer to the soil, symbolizing the importance of nurturing nature as we do friendships. Faculty members actively participated, setting an example for students and volunteers to follow.



Volunteers enthusiastically tied biodegradable flower bands around trees, signifying their commitment to protecting and nurturing them. Organic fertilizer was added to promote healthy growth, reinforcing eco-friendly practices. The initiative extended beyond the campus, emphasizing the significance of trees in the adopted area of Vitalh Pada. Through this activity, students learned the importance of sustainability and how small collective efforts can lead to a greater environmental impact.



To ensure long-term care, volunteers committed to monitoring the trees weekly, checking their health and growth progress. This hands-on involvement not only deepened their connection with nature but also provided a valuable learning experience in environmental conservation. "Van Mitra" successfully instilled a sense of responsibility among students, encouraging them to take active steps toward a greener and more sustainable future.



DID YOU KNOW

If every NSS volunteer plants just 5 trees per year, we could grow over 19 million trees annually, helping combat deforestation and climate change.

CYBER JAGROOKTA

To enhance awareness of cybersecurity, a quiz competition was organized to engage students and assess their knowledge of online safety. Informative posters with essential cybersecurity tips were placed on all college notice boards, ensuring easy access to crucial information. These efforts aimed to educate students on safe online practices and the importance of digital security in daily life.



The initiative extended beyond campus with a rally in the adopted community, promoting cybersecurity awareness among local residents. Over three days, volunteers conducted sessions on digital literacy and cybercrime prevention, using posters to illustrate key points. This outreach helped bridge the knowledge gap, empowering residents to protect themselves against online threats.



DID YOU KNOW

The world's first cyberattack happened in 1988-a computer virus called the "Morris Worm" shut down 10% of the internet. Today, millions of attacks happen every minute!

AUGUST KRANTI DIWAS RALLY



August Kranti Diwas, observed on August 9th, commemorates the launch of the Quit India Movement in 1942. To mark the occasion, a grand rally was held at August Kranti Maidan, drawing thousands of participants, including college students, schoolchildren, and government officials. The event was filled with patriotic energy as attendees carried flags and banners symbolizing freedom and unity.



Maharashtra Chief Minister Eknath Shinde delivered an inspiring speech, urging citizens to honor the sacrifices of freedom fighters. The rally echoed with patriotic slogans, and the Indian tricolor was proudly displayed, reminding everyone of the significance of history in shaping India's future. The event instilled a sense of pride and responsibility among participants, reinforcing the importance of remembering and preserving the nation's hard-earned independence.



DISASTER MANAGEMENT WORKSHOP INDEPENDENCE DAY

DISASTER MANAGEMENT WORKSHOP



LEARN TO MANAGE DISASTERS EFFECTIVELY

Heavy rains have caused lightning strikes and flash floods in several areas, highlighting the need for disaster preparedness and administrative cooperation. To address this, the NSS Unit of Deviprasad Goenka Management College of Media Studies organized a workshop in Vithal Pada, focusing on equipping people with essential emergency skills.



The workshop included discussions on real-life case studies, allowing participants to share their experiences and learn from past incidents. Demonstrations on basic first aid and psychological support for disaster victims provided practical knowledge, ensuring the community is better prepared to handle emergencies effectively.



The NSS Unit of DGMC celebrated the 78th Independence Day with great enthusiasm and patriotism. The event began with the chief guest hoisting the national flag, followed by the national anthem, creating a moment of reflection on the sacrifices made by freedom fighters. A cultural program by school students featured patriotic songs, dances, and speeches, fostering national pride and unity. DGMC students also delivered an impressive choreographed dance performance that captivated the audience.

Adding depth to the celebration, a thought-provoking drama highlighted social issues, emphasizing the importance of courage and resilience in overcoming challenges. The event not only honored the nation's history but also inspired the youth to contribute toward a brighter future, reinforcing their role in shaping India's progress.



DID YOU KNOW

India's first Independence Day was celebrated on August 15, 1947-but without a national anthem! 'Jana Gana Mana' was officially adopted as the anthem only in 1950.

HAR GHAR TIRANGA



"Har Ghar Tiranga" is a nationwide initiative launched as part of India's 75th Independence Day celebrations, aimed at fostering patriotism and strengthening the connection between citizens and the national flag. The campaign encourages individuals to proudly display the tricolor at their homes, offices, and public spaces, symbolizing unity and national pride. By participating in this initiative, people not only express their love for the country but also honor the sacrifices of freedom fighters who paved the way for India's independence.



DID YOU KNOW

India had no national flag code until 2002! Before that, citizens were not allowed to host the Indian flag at home except on special

To support this cause, seventy-two NSS volunteers actively participated in a silent rally, marching with the Indian flag and patriotic banners. The rally served as a visual representation of unity and pride, drawing attention to the importance of the national flag as a symbol of freedom and integrity. As they walked in disciplined silence, the volunteers conveyed a powerful message about respect for the tricolor and the deep emotions associated with the nation's independence.



Beyond just a symbolic act, the event played a crucial role in raising awareness about the significance of patriotism and fostering a sense of community spirit. It reminded citizens of their duty to uphold the values of democracy, freedom, and equality that the national flag represents. "Har Ghar Tiranga" is not just a celebration but a call to embrace India's identity and values collectively, ensuring that the spirit of independence continues to thrive across generations.



BLOOD DONATION

To ensure smooth operations, volunteers were divided into teams managing different aspects of the event, including registration, hospitality, and medical support. Donors were guided through the process with proper medical check-ups before donation and post-donation care was provided to ensure their well-being. The volunteers maintained an organized and welcoming environment, making the experience comfortable and encouraging for all participants. The hall was filled with an atmosphere of enthusiasm and selflessness, as people from various backgrounds came together for a common humanitarian cause.



The NSS Blood Donation Drive took place on August 22, 2024, at Bajaj Hall, with 50 dedicated NSS volunteers working from 7:15 AM to 5:00 PM. Organized in collaboration with BYL Nair Charitable Hospital Blood Bank, the event aimed to promote voluntary blood donation and save lives. With strong participation, the drive successfully collected 89 blood bags, showcasing the impact of community service and social responsibility.



Beyond just collecting blood, the event served as a platform to raise awareness about the importance of regular blood donation. Many first-time donors gained valuable knowledge about the health benefits of donating blood and how it plays a critical role in emergency medical situations. The success of the drive reinforced the NSS unit's commitment to community welfare, and plans are already underway for future donation camps to continue making a positive impact on society.





BEACH CLEAN UP

The NSS Unit of DGMC, in collaboration with the Rotaract Club and the Green Club, organized a beach clean-up at Silver Beach, Juhu, on September 20, 2024. The event began at 8:00 AM, with participants divided into groups to cover different areas of the beach. With dedication and teamwork, volunteers successfully collected over 30 bags of waste, including plastic and other litter, significantly improving the cleanliness of the shoreline.



After the clean-up, the volunteers gathered for a group photo, celebrating their collective effort and commitment to environmental sustainability. The initiative not only highlighted the importance of teamwork and individual responsibility but also inspired others to take action in protecting natural spaces. By promoting awareness and active participation, the event encouraged a cleaner and greener future.



SWACHHATA HE SEVA HAI

The University of Mumbai, in collaboration with the BMC, organized a cleanliness drive in Vithal Pada, where 35 student volunteers actively participated in sweeping and collecting waste. This initiative was part of the Swachhta Hi Seva (SHS) campaign, a nationwide movement promoting hygiene, sanitation, and environmental sustainability. By engaging in hands-on efforts, the volunteers contributed to the larger mission of creating cleaner public spaces and fostering a sense of civic responsibility.



Swachhta Hi Seva aligns with the Swachh Bharat Abhiyan (Clean India Mission), encouraging citizens to take ownership of their surroundings and work towards a cleaner, healthier nation. The campaign empowers individuals to make a difference, reinforcing the importance of maintaining cleanliness for public well-being. Active participation in such initiatives plays a crucial role in shaping a more sustainable and prosperous India.



Green Initiative ORIENTATION



The Green Club organized an orientation event at the Madhoprasad Seminar Hall of DGMC, where 87 students learned about various Green Projects initiated by the Government of India. The session featured guest speaker Dr. Kashmera Shah, who emphasized the importance of eco-friendly practices in promoting environmental sustainability. Students gained valuable insights into how small, conscious actions can contribute to a greener planet and the role individuals play in supporting large-scale environmental initiatives.



Green Initiative Awareness is essential for fostering a sustainable future. By educating, inspiring, and engaging others, we can collectively work toward creating a cleaner and healthier environment for future generations. The event reinforced the importance of active participation in environmental efforts and encouraged students to adopt greener lifestyles, ensuring a long-lasting positive impact on the planet.



DE-ADDICTION RALLY



The NSS Cell, University of Mumbai, organized a de-addiction awareness rally in Churchgate, with 35 students from its NSS Unit participating. The rally involved a walk from Azad Maidan to the Gateway of India, aiming to educate the public on overcoming substance dependence, including alcohol, drugs, and tobacco. Students carried banners with impactful messages, while other colleges contributed through skits and songs, making the event both engaging and informative.



The initiative emphasized the importance of physical, mental, and social well-being, encouraging individuals to adopt healthier lifestyles. Volunteers actively participated in spreading awareness, reinforced the significance of de-addiction in building a healthier society. At the end of the rally, certificates were distributed to all participants, recognizing their efforts in promoting this crucial cause.



BHAJAN SANDHYA

The NSS Unit of DGMC organized a Bhajan Sandhya event at the Gateway of India, uniting students from various colleges to celebrate cultural harmony. Held in honor of Mahatma Gandhi's birth anniversary, the event fostered spiritual reflection and national pride. The presence of esteemed guests added significance, emphasizing Gandhian values and the power of unity.



The evening was filled with soulful bhajans, inspiring speeches, and musical performances that created a peaceful and uplifting atmosphere. Renowned bands and local orchestras performed devotional songs, captivating the audience and enhancing the spiritual ambiance.



The blend of music and discourse encouraged participants to embrace inner peace and mindfulness while celebrating India's rich cultural heritage.

Beyond the performances, the event strengthened bonds among students, promoting cultural exchange and shared experiences. It left a lasting impression, inspiring attendees to embrace peace, unity, and spirituality. Bhajan Sandhya honored Mahatma Gandhi's legacy and highlighted the power of music and community in bringing people together.



DID YOU KNOW

Gandhi's favorite hymn, "Vaishnav Jan To", was written by the 15th-century poet Narsinh Mehta and became a symbol of peace and compassion during India's freedom struggle.

SWACCH SAGAR ABHIYAAN



The Coastal Clean-up initiative took place at Marve Beach, Malad (W), organized by the NSS Cell, University of Mumbai, in collaboration with the Department of Youth Affairs, New Delhi. Numerous NSS Units from Mumbai-Suburban participated, including 20 students from our unit. Volunteers actively collected debris, such as dead fish and plastic waste, while gloves were provided to ensure hygiene and safety during the cleanup efforts.



This initiative was part of the Swachh Sagar Abhiyan, a campaign dedicated to protecting India's coastline and promoting sustainable coastal development. By removing waste and raising awareness about marine conservation, the event contributed to a cleaner and healthier marine ecosystem, encouraging collective responsibility for environmental preservation. By removing waste like plastic and dead marine life, the event helped create a cleaner marine environment. It also raised awareness about marine pollution, encouraging sustainable practices like reducing single-use plastics. The initiative emphasized community efforts in conservation and inspired volunteers to support a greener coastline.

FURR-EVER FRIENDS 2.0



On October 4th, 2024, the NSS Unit of DGMC organized "Furr-ever Friends 2.0" to celebrate Animal Welfare Day. The event aimed to strengthen the bond between humans and animals, promoting compassion and care for all living beings. Over 67 volunteers participated, engaging in activities like feeding puppies and interacting with them, fostering a sense of empathy and responsibility toward animal welfare.



The event gained further momentum through social media, where volunteers shared heartfelt moments of joy and companionship. The overwhelming positive response highlighted the significance of such initiatives in creating a more inclusive and compassionate society, inspiring more people to contribute to animal welfare efforts.



PACKETS OF JOY



The team came together with a mission to prepare and distribute homemade meals for those in need, especially individuals experiencing homelessness. They began by visiting a local market to source fresh vegetables before collaborating to chop, cook, and assemble a simple yet nutritious meal, including roti. While some volunteers focused on making chapatis, others prepared the main dish, ensuring a wholesome and filling meal.



Once the food was ready, it was carefully packed into clean containers and distributed at the designated site. The volunteers were deeply moved by the gratitude and smiles of the recipients, making the experience truly rewarding. Witnessing the impact of their efforts reinforced the importance of compassion and service, leaving a lasting sense of fulfillment among all participants.

CAMPUS SHINE PROJECT FOR DIWALI



NSS volunteers organized a campus cleanup drive to create a more inviting and hygienic environment. With the support of staff, they focused on key areas, including the fourth-floor classrooms, which had accumulated dust and clutter, and the library, an essential space for students. Their efforts significantly improved the cleanliness and organization of these spaces, making them more comfortable and conducive to learning.



Beyond enhancing the college's appearance, the initiative promoted teamwork, unity, and a sense of responsibility among students. By working together, volunteers not only contributed to a cleaner and healthier campus but also inspired others to take pride in maintaining their surroundings, fostering a culture of care and community engagement.

DID YOU KNOW

Offices that conduct regular cleanups and decluttering save up to 30% on maintenance costs over time.

OLD AGE HOME



A group of dedicated volunteers visited Vimalti Devi's Old Age Home, spending a heartwarming and meaningful evening with the residents. Through conversations and engaging activities, they built connections that brought joy and companionship to the elderly. The visit emphasized the importance of emotional support and care for vulnerable populations, especially senior citizens who often experience loneliness.



This experience served as a reminder of the power of human connection and how small acts of kindness can make a significant impact. The volunteers left with a sense of gratitude and a renewed commitment to bringing happiness to the elderly, eager to continue such initiatives in the future.



DID YOU KNOW

Volunteering at old age homes can not only be emotionally rewarding but also teaches empathy, respect, and compassion for the elderly.

HOLY PLACE SEVA



The day started with a meaningful visit to both a Gurudwara and a temple, where volunteers were divided into two groups. Each group sought blessings before beginning their service activities, embracing the spiritual essence of the day. The primary focus was to contribute through seva (selfless service), particularly by assisting in meal preparation and distribution. The sacred atmosphere, filled with devotion and togetherness, made the experience truly special.



At the Gurudwara, volunteers participated in the Langar, a community meal service where people from all backgrounds were welcomed with warmth and equality. Some volunteers helped serve food, while others worked in the kitchen, preparing chapatis and dals. Additionally, a few joined hands with a woman in washing dishes and cleaning utensils, ensuring the smooth functioning of the meal service. The temple group engaged in similar activities, reinforcing the values of humility and shared responsibility.



These acts of service deepened the volunteers' sense of compassion and giving. The experience fostered unity and gratitude, inspiring them to continue embracing kindness and selflessness.

ORPHANAGE VISIT



Visiting Daya Vihar orphanage was a heartwarming experience that deeply moved us. At first, we saw only a few children, but soon, a little girl peeked from behind the curtains, her curiosity evident. Encouraged by our friendly approach, she gradually opened up, and her laughter soon invited others to join in. The atmosphere quickly transformed into one of joy and warmth, as we engaged in playful interactions, breaking the initial shyness.



We spent time with teenage boys, singing songs and playing games, fostering a sense of companionship. The children welcomed us like family, their smiles and enthusiasm reminding us of the importance of cherishing life's simple moments. It was touching to see how easily bonds were formed through genuine kindness and shared happiness.



As the day came to an end, saying goodbye was difficult. The connections we built in such a short time left a lasting impression on all of us. We departed with gratitude, knowing that our presence brought joy to the children. This visit reinforced our commitment to giving back, and we eagerly look forward to returning and creating more cherished memories with them.

YOUTH & MENTAL HEALTH AWARENESS PROGRAM



The Youth and Mental Health Awareness Program, under Mindful Maharashtra & Shailendra NSS, organized a mental health event at Shailendra Education Society in Dahisar East. The event commenced with the national anthem and the NSS anthem, setting a respectful tone. A guest speaker addressed crucial topics such as academic and societal pressure, mental well-being, and contemporary social challenges. Participants were guided on effective problem management and strategies to maintain both physical and mental health, fostering a greater understanding of self-care.



Beyond discussing mental health, the event played a vital role in raising awareness among young individuals about the significance of emotional well-being. The session emphasized the benefits of a calm and balanced mind in making better life decisions. The interactive discussions also provided an opportunity for volunteers to connect with NSS members from other colleges, making the experience both educational and engaging.



ELECTORAL LITERACY (PLEDGE)



The NSS Unit of DGMC organized an Electoral Literacy Pledge to raise awareness about the electoral process, voter rights, and responsible citizenship. The event featured a collective pledge-taking ceremony where students committed to ethical and responsible voting. By pledging to uphold democratic values and encourage voter participation, participants reinforced the significance of informed decision-making in shaping the nation's future.

This initiative successfully inspired youth engagement in democratic processes, fostering a sense of responsibility and active citizenship. It emphasized the importance of voting as a fundamental right and duty, motivating students to spread awareness within their communities. A special thanks to all volunteers, faculty, and participants for their dedication and contribution to this meaningful cause.



DID YOU KNOW

Voter turnout among youth in India is often lower than older age groups, making youth engagement critical to fair representation.

VOTER AWARENESS CAMPAIGN



The NSS Unit at Mumbai University, Kalina, organized a Voter ID Registration Drive to encourage students to participate in the democratic process. The event aimed to raise awareness about the importance of voting and inspire students to involve their friends, family, and community. NSS volunteers actively assisted students by distributing registration forms, helping them fill out the necessary details, and collecting required documents. The drive was a success, with many students completing their voter ID registration, taking a crucial step toward responsible citizenship.



Despite challenges like technical issues and document verification difficulties, volunteers worked diligently to ensure a smooth process, emphasizing the importance of civic participation. This drive, part of the NSS Unit's broader initiatives, not only empowered students to vote but also reinforced their sense of civic responsibility and active engagement in the democratic process.





VOTER AWARENESS PROGRAM ACTIVITY

The NSS unit of DGMC organized a voter awareness program in Vithal Pada to encourage voter participation in the upcoming Maharashtra Assembly Elections. Volunteers visited households to educate residents about the election process, candidates, and the importance of informed voting. A key focus was helping people obtain voter IDs by addressing common misconceptions. To simplify the process, the campaign promoted the "Voter Helpline" app, which allowed applicants to generate an "EPIC NO" for a digital voter ID, eliminating the need for physical forms due to the widespread use of smartphones.



The initiative successfully guided residents in securing their voter IDs, even assisting a family struggling with registration. Volunteers emphasized the significance of every vote in shaping the community's future and urged people to participate in the democratic process. By providing accurate information and support, the campaign fostered awareness and empowered individuals to exercise their voting rights responsibly.



LEADERSHIP TRAINING PROGRAM

The Leadership Training Program, organized by the NSS unit of Thakur College, was held from November 4th to 8th, 2024, bringing together 80 students from various colleges. The program aimed to develop leadership skills, teamwork, and social awareness. The first day began with yoga and Shramadhan (voluntary labor), followed by insightful lectures on team building, environmental conservation, and the significance of NSS. The second day focused on preparing and presenting skits, enhancing creativity and public speaking skills, and concluded with an adventurous trekking trip that strengthened camaraderie among participants.



The fourth day addressed a critical social issue—harmful addictions—through discussions on their causes and preventive measures. On the final day, a cultural program showcased the diverse talents of the participants, creating a vibrant and celebratory atmosphere. The program concluded with a breathtaking sunset view, symbolizing the end of an enriching experience. Throughout the five-day training, students formed strong bonds, learned valuable lessons, and gained confidence under the guidance of Sushil Sir, whose expertise and support made the program a memorable success.



CHILDREN'S DAY ACTIVITY



The Children's Day celebration at Daya Vihar Orphanage was a heartwarming experience that emphasized the power of kindness and community service. The event was designed to bring joy to the children, making them feel valued and loved. The celebration featured lively dance performances, melodious songs, and a touching skit on education and aspirations. A cake-cutting ceremony added to the festive spirit, while engaging games created an atmosphere of excitement and togetherness.



Volunteers actively interacted with the children, sharing inspiring stories to encourage them to chase their dreams. Gift hampers filled with stationery, books, toys, and sweets were distributed, bringing smiles to their faces. The event not only brightened the children's day but also instilled a sense of compassion and responsibility in the NSS volunteers. It reinforced the impact of small acts of kindness and the importance of giving back to society.

DID YOU KNOW

Before 1964, Children's Day in India was observed on November 20th, the Universal Children's Day, until it was shifted to honor Nehru after his death.

ELECTORAL LITERACY (QUIZ)



✓ 1. What is the symbol of the Election Commission of Maharashtra? *

- ☒ Three ticks in tri-colour
- ☐ A lotus
- ☐ An open ballot box
- ☐ A pair of scales

The NSS unit of DGMC organized an Electoral Literacy Quiz to educate students on the electoral process, voter rights, and civic responsibilities. The event included an informative session on electoral literacy, followed by a quiz competition covering election laws and India's political history. An interactive discussion allowed students to clarify doubts and gain deeper insights into the importance of voting.

✓ 1. What is the symbol of the Election Commission of Maharashtra? *

- ☒ Three ticks in tri-colour
- ☐ A lotus
- ☐ An open ballot box
- ☐ A pair of scales

With over 77 enthusiastic participants, the initiative successfully encouraged youth engagement in democratic activities. It reinforced the significance of informed voting and responsible citizenship. A special thanks to all volunteers, faculty, and participants for their dedication and support in making the event a success.

✓ 1. What is the symbol of the Election Commission of Maharashtra? *

- ☒ Three ticks in tri-colour
- ☐ A lotus
- ☐ An open ballot box
- ☐ A pair of scales

✓ 4. Which body is responsible for maintaining the electoral roll? *

- ☐ Lok Sabha Secretariat
- ☒ Election Commission of India
- ☐ Central Bureau of Investigation
- ☐ Ministry of Home Affairs

DONATION DRIVE

The NSS unit of DGMC organized a 29-day donation drive to support underprivileged individuals, encouraging students to contribute essential items such as clothes, books, and food. Around 50 students participated, collecting 40 bags filled with necessities, which were later distributed to local wadis, hostels, and individuals in need. This initiative not only provided material support but also fostered a sense of empathy and social responsibility among volunteers, making them more aware of the challenges faced by the less fortunate.



DID YOU KNOW

Many shelters prefer half-used notebooks from students-unused pages are rebound into new books for underprivileged kids.



Beyond providing aid, the donation drive emphasized the importance of collective action in bringing about positive change. Volunteers interacted with recipients, witnessing firsthand the impact of their contributions. The initiative served as a reminder that small acts of kindness can create a ripple effect, inspiring continued efforts to uplift those in need.

BEYOND THE BINARY

At 10:30 am, attendees gathered for an engaging event featuring guests Suditi Srinivas and Dhruv Goenka. They shared their personal journeys, challenges, and insights into the LGBTQ+ community, fostering an open discussion. Their experiences provided valuable perspectives on identity and inclusion.



The session explored various aspects of identity, including its biological and social dimensions. The guests introduced their organization and its initiatives, explaining how they provide support to individuals in need. They also shared inspiring stories of people who have benefited from these efforts, reinforcing the importance of inclusion and acceptance.



Their insights helped break stereotypes and misconceptions, making the session both educational and impactful.

To conclude, the initiative underscored the importance of hygiene, responsibility, and community involvement in maintaining public health spaces. The event ended on a reflective note, with volunteers sharing their experiences and insights gained during the activity. It was not only a practical effort toward cleanliness but also a meaningful opportunity to support the healthcare system. The session fostered a strong sense of teamwork and civic duty, leaving participants with a deeper appreciation for the impact of small, selfless actions.



DID YOU KNOW

Pride Month is celebrated globally in June to honor the Stonewall Riots of 1969, which marked a turning point in the fight for LGBTQ+ rights.

College Office SPARKLE DRIVE ACTIVITY

During the Christmas season, volunteers embraced the festive spirit by coming together to clean the college office. This initiative aimed to create a warm and welcoming atmosphere, ensuring that the celebrations were enjoyed in a clean and organized space. Their efforts added to the joy of the season, making the environment more pleasant for everyone.



Beyond just tidying up, this activity was part of shramadhan, a community service initiative promoting teamwork and responsibility. Volunteers worked together to maintain a clean and organized space, fostering a sense of unity and accountability. The effort highlighted the impact of collective action in creating a positive and healthy environment, reinforcing the importance of shared responsibility.



This act of service not only contributed to a healthier environment but also enriched the festive experience. By combining celebration with responsibility, the volunteers ensured that the spirit of Christmas was not just about joy but also about giving back to the community in a meaningful way.

VOTER ID REGISTRATION

The NSS club hosted a grand Voting Awareness Program during December Fever to educate students about their civic duty and the significance of their vote in shaping the nation's future. The event attracted enthusiastic participation from students across various departments, including BAMMC and BMS, highlighting the growing interest in electoral awareness. Volunteers explained the importance of voter ID registration and the role of elections at different levels, such as General, Assembly, and Municipal elections.



The program emphasized the social responsibility of voting, encouraging young individuals to actively participate in the democratic process. Since India is the world's largest democracy and follows the Universal Adult Franchise (UAF) constitution, the club aimed to ensure that students understood their rights and responsibilities. The discussions shed light on how every vote contributes to decision-making and governance, motivating students to engage in future elections.



The event successfully collected many voter registration forms, marking a positive step toward increased youth participation. Even students under 18 displayed curiosity about the electoral process, showing a promising trend for future engagement. The program reinforced the idea that informed voting leads to better governance and a stronger democracy, leaving a lasting impact on all attendees.

SCHOLARSHIP PROGRAM ACTION DRIVE



The NSS volunteers participated in a special Scholarship Program event that highlighted the importance of education and financial aid for students. The event featured a captivating musical performance, creating an engaging and lively atmosphere. Singers performed songs from various eras, adding to the celebratory mood. A presentation on scholarships and their role in empowering students reinforced the significance of educational opportunities.



The highlight of the evening was the scholarship distribution ceremony, where selected students received their awards. Their hard work and dedication were acknowledged, and dignitaries encouraged them to continue striving for excellence. The event concluded with a final musical performance and a heartfelt vote of thanks from the organizers. It was an inspiring evening that beautifully combined talent and education, leaving a lasting impact on all attendees.

DID YOU KNOW

There are scholarships available based on your hobbies—from blogging and photography to chess and app development!

SELF DEFENCE SEMINAR



The Self-Defence Seminar opened with a discussion on the significance of self-protection in today's world, emphasizing personal safety and preparedness. Participants were introduced to basic self-defence principles that enhance confidence and security. The session highlighted the importance of being aware of one's surroundings and understanding how to respond to potential threats effectively.



A guest instructor was introduced, who explained the relevance of self-defence techniques and their practical applications. The seminar aimed to raise awareness about the necessity of self-protection skills, preparing participants for a hands-on training session the following day. The upcoming session promised to equip attendees with essential techniques to improve their safety and boost their confidence.





SELF DEFENCE WORKSHOP

The self-defense workshop commenced at 9:20 AM with the esteemed presence of guest instructor Manishankar R., who underscored the critical importance of self-defense in today's society. The ceremony opened with the National Anthem, followed by an inspiring address from the principal, Dr. Amee Vora, emphasizing the institution's commitment to student safety and empowerment. Instructor Manishankar R. then demonstrated fundamental techniques encompassing self-defense, gymnastics, and martial arts, particularly focusing on the body's vulnerable points to equip participants with practical knowledge for personal protection.



The workshop welcomed both male and female participants, who were organized into groups of 10-14, each guided by two instructors. This structure allowed for personalized attention as participants practiced each technique for approximately half an hour, ensuring a comprehensive understanding and hands-on experience. The session concluded at 11:00 AM, leaving attendees with enhanced confidence and essential skills to navigate potential threats effectively.



BEYOND AWARENESS: CLIMATE CHANGE SEMINAR

The Green Club, in collaboration with the NSS Unit and the DLLE Club of DGMC, organized a lecture titled "Beyond Awareness: Turning Climate Concern into Action," featuring distinguished speaker Mr. Avadhut Abhyankar. Mr. Abhyankar, a Project Officer at the Centre for Environment Education, addressed pressing issues surrounding climate change and its potential consequences. To engage the audience effectively, he incorporated humorous memes, fostering an interactive discussion on the collective actions stakeholders can undertake to mitigate environmental impact.



Mr. Abhyankar highlighted practical ways to calculate and manage carbon footprints, stressing the need for tangible actions to reduce environmental impact. He bridged the gap between awareness and action, inspiring participants to adopt sustainable practices in daily life.

DID YOU KNOW

Awareness without action is like a map without movement-real change begins when we walk the talk.

SOLID WASTE MANAGEMENT SEMINAR



The lecture on "Solid Waste Management," organized by The Green Club, NSS Unit, and DLLE Club of DGMC, provided valuable insights into effective waste management practices. Guest speaker Adv. Ashwini Borude explained her organization's approach, emphasizing waste segregation, recycling, and composting. Her session highlighted the importance of sustainable waste disposal methods in reducing environmental harm.



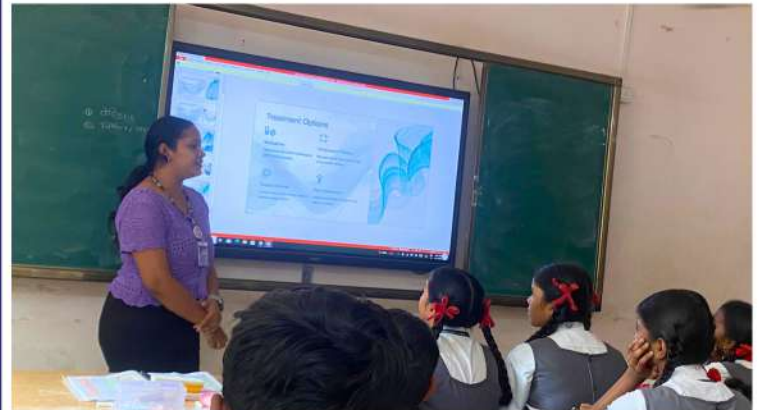
Additionally, a Ph.D. waste management advisor shed light on the reuse of textile waste and strategies to minimize plastic consumption. The session was both educational and inspiring, encouraging attendees to adopt responsible waste management practices for a greener future.



DID YOU KNOW

India generates over 62million tonnes of waste annually, and only 30% of it is treated properly-the rest ends up polluting land and water.

ELEPHANTIASIS AWARENESS



The lecture on "Solid Waste Management," organized by The Green Club, NSS Unit, and DLLE Club of DGMC, provided valuable insights into effective waste management practices. Guest speaker Adv. Ashwini Borude explained her organization's approach, emphasizing waste segregation, recycling, and composting. Her session highlighted the importance of sustainable waste disposal methods in reducing environmental harm.



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GREEN HAVEN: A TREE PLANTATION ACTIVITY



Tree plantation may seem like a simple activity, but its impact is profound. In an era of rising temperatures and diminishing natural shade, planting trees is essential for a sustainable future. Trees not only provide relief from extreme heat but also play a crucial role in maintaining ecological balance by supporting wildlife, improving air quality, and preventing soil erosion.



Mumbai's declining Air Quality Index (AQI) further highlights the urgency of increasing green cover in urban spaces. Recognizing this need, NSS volunteers actively participated in a tree plantation drive at a nearby park. By carefully selecting a suitable location, we ensured the saplings had the best chance to grow and thrive.



DID YOU KNOW

Tree plantation drives help boost mental wellness-green spaces are known to reduce stress and increase focus among students.

This small yet meaningful initiative contributed to creating a greener and healthier environment. Beyond the act of planting, we also committed to nurturing the saplings, ensuring their long-term growth. Through such efforts, we aim to encourage others to take responsibility for environmental conservation, making a collective impact for future generations.



HOSPITAL CLEANING INITIATIVE

A group of dedicated individuals took part in a community service initiative at a local hospital, focusing on cleaning and sanitation. The primary goal was to support the healthcare sector by contributing to a safer and more hygienic environment. Given that hospitals accommodate patients in critical conditions, ensuring cleanliness is crucial in preventing the spread of infections.



To maintain hygiene standards, we strictly followed all safety protocols, including wearing masks and gloves, to minimize the risk of transmitting external illnesses. The rising pollution levels in the Mumbai Metropolitan Region had led to significant dust accumulation, making our cleaning efforts even more essential.



Their insights helped break stereotypes and misconceptions, making the session both educational and impactful.

To conclude, key takeaways from the discussion were summarized, emphasizing the importance of empathy, awareness, and allyship. The event ended on an engaging note with a Q&A session, where students actively participated by asking questions and sharing their thoughts. The session was not only informative but also fostered a safe space for discussion, leaving attendees with a greater sense of understanding and acceptance.



DID YOU KNOW

Hospital cleanups are acts of both compassion and action-where students don't just talk about care, but truly show it.



7 DAYS RESIDENTIAL CAMP



A JOURNEY OF HEART, SERVICE, AND GROWTH: HIGHLIGHTS FROM THE NSS CAMP 2025



The NSS Camp, held from January 25 to 30, 2025, united volunteers for a week of service, learning, and creativity. On Day 1, after a morning briefing, the team set off for the Yusuf Meherally Centre with donations and enthusiasm. Post lunch, an insightful session by Mr. Devidas Patil introduced the National Service Scheme, followed by a visit to Bapu Kutti and community cleaning activities. The day ended on a lively note with a talent show full of poetry, dance, and music. Volunteers bonded over shared experiences, and the spirit of teamwork began to grow, setting a strong foundation for the days ahead.

Republic Day began with a patriotic parade and speeches reflecting on national pride. Then volunteers focused on showcasing their creativity through poster making and later participated in kitchen duties. In the afternoon, sessions on "Mai, Meri Suraksha Aur Uske Sadhan" allowed groups to present on personal safety and preparedness, promoting awareness and responsibility. Later, volunteers visited nearby hostels, engaging with children through games and stories, and conducting a special hygiene awareness session for the girls, emphasizing health and self-care.



The day ended with rehearsals for a street play focused on de-addiction, highlighting the power of theater in spreading social messages. After dinner, the volunteers reflected on their experiences through diary writing, capturing their growth and excitement. As the days progressed, the NSS Camp evolved into a meaningful journey filled with service, learning, and the building of lasting friendships—a truly transformative experience for every participant, leaving behind cherished memories and valuable life lessons.

A DAY OF ART, ACTION, AND UNITY: CRAFTING MEMORIES AT THE NSS CAMP



The day began with a refreshing brisk walk, followed by warm-up exercises and yoga, setting a positive and energetic tone for the activities ahead. After the national anthem and a shared breakfast, the volunteers headed to a local Wadi. There, they spent time playing games with the children, creating moments of joy, connection, and laughter that uplifted everyone's spirits.

Post-lunch, the afternoon unfolded into a celebration of creativity as the volunteers immersed themselves in the traditional art of Warli painting. This hands-on session encouraged self-expression and cultural appreciation. A short tea break offered a much-needed pause, after which the group gathered at Bapu Kutti for teamwork drills that strengthened discipline, coordination, and camaraderie among the volunteers.



As the evening approached, skit rehearsals gained momentum, with everyone focused on perfecting their roles and enhancing their performances. After a delicious dinner, the team went through one last round of practice to ensure everything was in place for the big presentation. The day concluded with personal diary entries, where volunteers reflected on a fulfilling day filled with creativity, teamwork, and meaningful experiences.



HANDS AT WORK, HEARTS IN HARMONY: A DAY OF SKILL, SPIRIT, AND SYNERGY AT NSS CAMP



A day filled with purpose and community spirit began with hydration, stretching, a peaceful walk, and yoga. After a healthy breakfast, volunteers participated in Shram Daan at the pottery area, contributing with dedication and teamwork. Post-lunch, Mr. Patel led a lively NSS song session that lifted everyone's spirits. This was followed by a campus tour of the carpentry workshop, pottery studio, soap and oil factory, gardens, and the Gobar gas biogas plant—offering insights into skills, sustainability, and rural innovation. The day inspired a deeper appreciation for hands-on learning and collective effort.

A refreshing tea break led them to "Bapu Kut," where they stretched their bodies in physical exercises, honed their skills in parade training, and relished the thrill of team games. An hour of skit rehearsals followed, filled with laughter, creativity, and teamwork, ensuring they were well-prepared for the evening performance. As the energy built up, a sense of unity and enthusiasm filled the air, motivating everyone to give their best. Dinner was the perfect time to recharge before heading back for more practice, bringing the day's activities to a close with thoughtful reflections and diary entries. The day left everyone with a sense of accomplishment and excitement for what lay ahead.



TREKKING TOWARDS TOGETHERNESS: A DAY OF SERVICE, SMILES, AND STORIES AT BANUBAI CHI WADI



The day started with the usual morning routine, but the real excitement began with a beautiful trek to Banubai chi Wadi. Volunteers enjoyed the fresh air and scenic views, making the journey as enjoyable as the destination. Upon reaching the village, they got to work. The public hall became a center of activity as they rehearsed their skit and helped the locals clean and prepare for a donation drive. The skit performance and dance brought smiles all around, filling the village with laughter and joy.



As the evening set in, volunteers enjoyed a delicious dinner, joined in the NSS prayer, and ended the night with storytelling and lighthearted discussions. Before calling it a night, they wrote in their diaries, reflecting on a day filled with teamwork, service, and fun—showing once again that NSS is all about making a difference while enjoying the journey

This had become a daily routine which was Healthy both physically and mentally. Additionally, Yusuf Meherally Center also made us explore soap After lunch, they explored their creative side in a pottery session and continued their donation efforts, strengthening their connection with the community. The next stop was Bapu Kutti, where they practiced march-passing and played an exciting team game that had everyone engaged.



LESSONS, LEGACY, AND LASTING MEMORIES: A HEARTFELT FAREWELL TO THE NSS CAMP JOURNEY



With the morning sun casting, volunteers set out on a day filled with purpose. Their first stop: the girls' hostel, where they guided students through English lessons, turning language learning into an engaging experience. From professional introductions, every moment was a step toward empowerment.



The afternoon took them to Bapu Kutti, where they learned march-passing and put their teamwork to the test in an exciting game. As night fell, the mood shifted to nostalgia and celebration. A bonfire crackled as reflections, laughter, and stories filled the air. The farewell for senior volunteers was both heartfelt and festive, with a cake cutting the perfect send-off.

The next morning, bags packed and spirits high, volunteers visited Lahuchi Wadi to distribute donations and collect their pottery. The journey home was filled with songs, laughter, and shared memories—a perfect end to an unforgettable experience.

Mid-morning brought a solemn yet inspiring session marking Mahatma Gandhi's death anniversary. The program officer and staff shared stories of his life, reminding everyone of the values of service and resilience. A visit from the principal added to the occasion before the volunteers got their hands dirty—quite literally—during a lively pottery session.



Volunteer's Corner

For me, working in NSS will always be a lifetime memory. NSS has given me many things in life. I have learned so much from NSS—lessons I will never forget. Working on the social media and handling the digital part was a journey in itself. I feel very lucky to have done all these things and to have grown the social media from 0 to 1000. NSS will always be my family. I'm truly grateful to be a part of NSS and will always be there for NSS.



–Aryan Menghani



It felt more like a family than just, a college unit. I've always been a person who's been into social activities and NSS was the platform through, which I was able to achieve that content. I was so glad to be the part of NSS camp last year, those 7 days taught me some great unforgettable lessons, it was so much fun and I even got a great chance to improve as a person! I'm so happy to join NSS and continue it with the same spirit this year as well.

–Rashi Panchal

Being a part of NSS was a deeply enriching experience. It taught me the value of community service, teamwork, and empathy. Through activities like cleanliness drives, awareness campaigns, and volunteering events, I developed leadership skills and a strong sense of social responsibility. NSS helped me grow as an individual while contributing meaningfully to society.



–Komal Singh



Completing 240 hours in NSS has been a meaningful journey, helping me grow while giving back to the community. It strengthened my leadership, teamwork, and sense of responsibility. Engaging with different people and causes gave me valuable insights into real-world challenges and the power of collective effort.

–Vanshika Choudhary

Volunteer's Corner

Being a member of the NSS unit of Dgmc and completing 240 hours of service was an extremely memorable experience. From volunteering at community projects like cleanliness drives and awareness drives to also being a part of the camp, I got to step out of my comfort zone by learning the true meaning of social responsibility. The NSS objective, "Not Me, But You," taught me the worth of putting others first and working for a bigger cause.

-Vedanti Mettello



NSS has been a transformative journey that shaped my outlook on service and society. From blood donation drives and cleanups to visiting orphanages and teaching in schools, each activity strengthened my connection with the community. The 7-day camps taught me discipline, teamwork, and the real meaning of giving. NSS didn't just teach me how to serve—it helped me understand why service matters and inspired me to make it a part of my life.

-Jeimen Chawda

NSS to me, is not just a unit but also a platform where I've learnt many things on a personal level. Team management, patience, how to face difficult situations, and humanity are just a few qualities from that bunch, I would like to highlight, Every event of Nss has been fun and taught me how to be selfless for the good beings of society.

-Shrutika Suttar



The 7-day NSS residential camp was a truly eye-opening experience. We engaged in activities like cleanliness drives, tree plantations, and street plays. Living with fellow volunteers taught me discipline, teamwork, and responsibility. Interacting with villagers and teaching children gave real insight into rural life. The camp deepened my compassion and commitment to serve society.

-Daniel Rodrigues



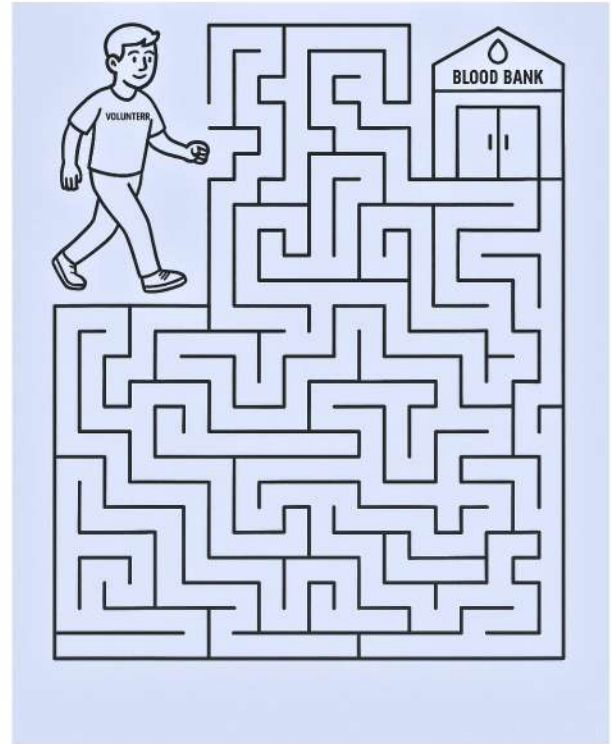
EMOJI QUIZ

Can you guess the NSS activity from these emojis?
Write your answer in the blank!

1. 🩸 - _____
Hint: You give, they live!
2. 🌱 - _____
Hint: Let's go green!
3. 🧹 - _____
Hint: Clean India begins here!
4. 📖 - _____
Hint: Knowledge is power!
5. 🍲 - _____
Hint: Kindness served warm!
6. 🚶 - _____
Hint: Walk for a cause!
7. 🏥 - _____
Hint: Check your health!
8. 🧑 - _____
Hint: Learn, live, lead together!

1. Blood Donation Camp
2. Tree Plantation Drive
3. Campus Cleanliness Drive
4. Teaching Underprivileged Children
5. Food Donation Drive
6. Awareness Rally
7. Health Check-up Camp
8. NSS Special Camp

MAZE PUZZLE



JUMBLD WORDS – UNSCRAMBLE THE NSS TERMS

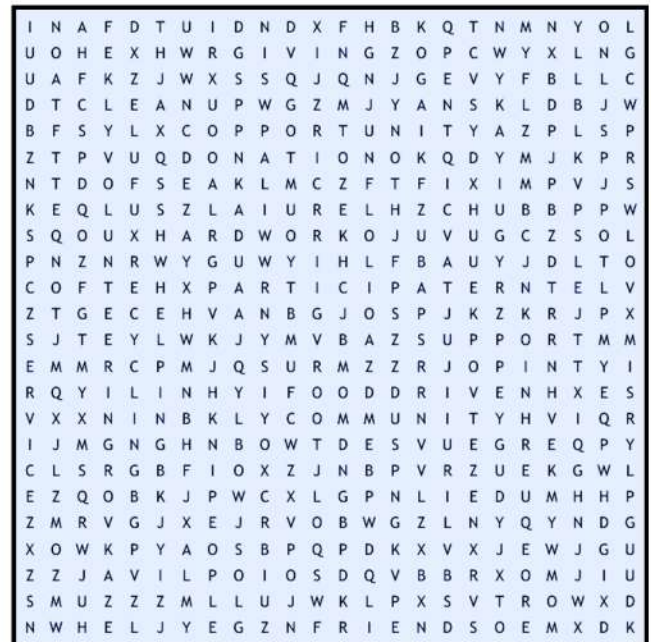
Can you unscramble these NSS-related words?

Write the correct word in the blank!

1. TONEULERV
Answer: _____
(Hint: A person who serves selflessly)
2. TIEUNTY
Answer: _____
(Hint: Together we stand!)
3. PDLEOGE
Answer: _____
(Hint: A promise to serve)
4. NTEITPLAON
Answer: _____
(Hint: NSS often organizes drives to plant these)
5. NEASCLNILES
Answer: _____
(Hint: Key part of Swachh Bharat mission)

1. VOLUNTEER
2. UNITY
3. PLEDGE
4. PLANTATION
5. CLEANLINESS

WORD SEARCH



Volunteering	Opportunity	Participate
Food Drive	Community	Recycling
Hardwork	Clean Up	Donation
Service	Support	Friends
Helping	People	Giving

NSS BINGO

Cleaned a Public Place	Donated Blood	Planted a Tree	Taught in a Village	Clicked Camp Photos
Participated in Swachh Bharat	Attended an Awareness Session	Helped an Elderly Person	Performed a Street Play	Attended 7-Day Camp
Made NSS Posters	Distributed Sanitary Products	Led a Rally	Spoke in Morning Assembly	Read About a Social Reformer
Promoted Recycling	Visited an Orphanage	Wore the NSS T-shirt	Did a Village Survey	Took Disaster Mgmt Training
Wrote an NSS Article	Spoke on Social Issues	Bonded with Volunteers	Spread Peace Messages	Volunteered in Any Event

1. Mark all the activities you've done.
2. 5 in a row (horizontal, vertical, or diagonal) = BINGO!
3. You can even give a small prize or social media feature to winners.

MATCH THE PAIR

Reformers	Contributions
A) Mahatma Gandhi	1) Upliftment of Dalits
B) Dr. B.R. Ambedkar	2) Service to the Poor
C) Swami Vivekananda	3) Cleanliness Movement
D) Mother Teresa	4) Youth Inspiration

Match each reformer from Column A to their correct contribution or famous work from Column B. This game helps understand the values and missions that align closely with NSS ideals.

MY NSS BUCKET LIST

✓	Goal
☐	Attend a 7-day NSS residential camp
☐	Plant at least 10 trees in a community
☐	Participate in a cleanliness or
☐	Teach or mentor underprivileged
☐	Volunteer at an orphanage or old age
☐	Help organize or participate in a blood
☐	Create or perform a street play on a

Tick each task as you complete it.
 Finish all 7 to become an NSS star volunteer!
 Challenge your friends and inspire others to join!
 Goal: Complete all 7 tasks = Become a True NSS Changemaker!

OUR SELFLESS WARRIORS OF 2024-25



Aryan Menghani



Rashi Panchal



Vanshika Choudhary



Vedanti Mettello



Shrutika Sutar



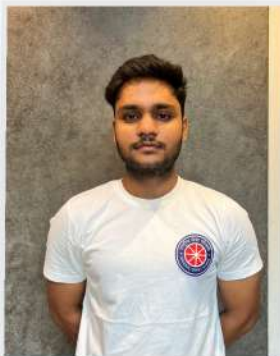
Daniel Rodrigues



Komal Singh



Manya Sharma



Atul Yadav



Mamta Waghela



Sarika Poojary



Varsha Arora



Gopika Sharama



Tanisha Tandel



Jagruti Rane



Jasmine Shaikh

OUR SELFLESS WARRIORS OF 2024-25



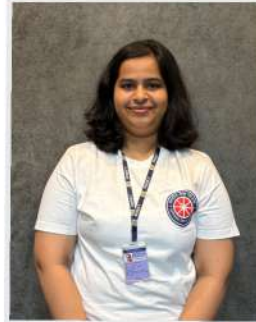
Akash Keshri



Shivansh Mandhyan



Simran Khobrekar



Vaishnavi Gulati



Manaswi Ghume



Kanishq Solanki



Siddhi Singh



Anushree Rawat



Amisha Nath



Sanam Sisodia



Mahek Patel



Rishu Ray



Ritika Shah



Shlok Pasari



Tehzeeb Dodhia



Neha Panhimatla



Omkar Negi



Manashri Gandhi



Sanskar Shau

Art of Thankfulness

WHISPERS OF PURPOSE

In NSS, we stand together, proud and tall,
A family committed to serving and answering the call.
With open hearts and helping hands,
We walk with purpose, united in our plans.

For those furry friends with wagging tails,
Our "Fur-ever Friends" bring joy that never fails.
A meal shared, a comforting touch,
The love we give means so very much.

We cherish the earth, planting trees with care,
Making space for nature, breathing in fresh air.
A greener planet is what we strive to create,
A gift of love that's never too late.

We donate our blood, we share, and we heal,
A simple gesture can seal the deal.
In camps, we're there to lend a hand,
Offering understanding, support, and a stand.

But beyond our work, we forge strong ties,
Friendships that grow through laughter and sighs.
We're not just a club; we're a united force,
With our service shining bright, guiding our goals.

In every act, in every way,
We embody the spirit of NSS every day.
For in our hearts, we all know it's true,
In this journey together, it's "Not Me, But You."

-Mahek Patel

जनकल्याण

IN SILENCE, WE WALK WHERE NEEDS ARE DEEP,
WHERE VOICES TREMBLE AND HOPES MAY SLEEP.
NOT FOR PRAISE OR SHINING FAME,
BUT TO ANSWER CALLS NONE DARE TO NAME.

WE MEND WITH CARE WHAT'S TORN BY TIME,
WE LIFT WITH STRENGTH, BOTH SOUL AND SPINE.
IN DUSTY LANES OR CROWDED SCHOOLS,
WE SHAPE THE WORLD BEYOND ITS RULES.

A CHILD'S FIRST BOOK, A FARMER'S WELL,
A WOUND WE DRESS, A STORY WE TELL.
EACH DEED A STEP, EACH STEP A LIGHT,
THAT TURNS THE DARK TO SOMETHING BRIGHT.

WE WEAR NO CROWNS, YET STILL WE LEAD,
BY SOWING LOVE, NOT CHASING GREED.
WHERE STORMS HAVE SWEEPED AND HEARTS ARE SORE,
WE BUILD WITH HOPE AND OPEN DOOR.

NO BANNERS FLOWN ABOVE OUR NAME,
NO ECHOING SONGS TO SPREAD OUR FAME.
STILL, IN THE QUIET, LIVES ARE CHANGED -
BY HANDS THAT HEAL, NOT POWER ARRANGED.

SO LET US MOVE, NOT LOUD BUT CLEAR,
WITH HUMBLE STRENGTH AND VISION NEAR.
FOR SERVICE SPEAKS IN ACTS, NOT SOUND,
WHERE UNSEEN HEROES WALK THE GROUND.

-Vaishnavi Gulati



-Aryan Menghani



THE VOLUNTEER VOICE

LEAVING THEIR MARK

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JOIN NSS
NATIONAL SERVICE SCHEMES
MINISTRY OF YOUTH AFFAIRS & SPORTS GOVERNMENT OF INDIA

ENROLLMENT STARTS FROM 19TH OF JULY AT NSS ROOM (GROUND FLOOR)

SCAN  HERE

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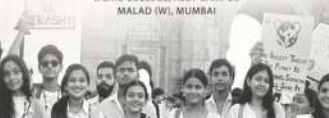
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HAR GHAR TIRANGA

WHEN WE HONOR OUR FLAG,
WE HONOR WHAT WE STAND FOR AS A NATION
FREEDOM, EQUALITY, JUSTICE, AND HOPE

14TH AUGUST 2023 | TIME : 11 AM ONWARDS

VENUE
DGM COLLEGE, RSET CAMPUS
MALAD (W), MUMBAI



Driving license  Pan card  Voter ID 

The Electoral Literacy Club of DGM will assist you in **creating one**.

NO VOTER TO BE LEFT BEHIND

REGISTRATION DEAD
18th December to 23rd December 2023.
It is mandatory to fill the Google form before approaching the registration desk.

NOTE: Filling the Google form does not confirm your registration for voter ID.

SCAN THIS QR CODE 

Be a **BLOOD DONOR**, because someone out there needs you.

On 9TH March, Saturday, 2024
VENUE: DURGADevi SARAF HALL

TIMING: 5: From 9:00 am to 3:00 pm

FOR FURTHER DETAILS CONTACT:
RASHI CHAVAN : 9821 6094
SUNITA KISHORJI : 98801 34773

• Affiliated with NMS JEEVAN BLOOD BANK

REGISTER NOW 

SMOKING IS INJURIOUS TO HEALTH



STOP SMOKING SAVE YOUR LIFE

CLEAN INDIA, GREEN INDIA.



"Clean India, Healthy India."

BLOOD DONATION

YOUR LITTLE EFFORTS CAN GIVE OTHERS SECOND CHANCE TO LIVE LIFE

On 9TH March, Saturday, 2024
9AM to 3PM

VENUE: DURGADevi SARAF HALL

START- SUSTAINABLE- LIFESTYLE



"SMALL ACTIONS, BIG IMPACT!"

Maha Shivaratri

A mesmerizing Lord Shiva divine form on Maha Shivaratri.
May the blessings of our hearts with endless love.

Om Namah Shivaya!



Happy Holi

May your life be as colorful and vibrant as the hues of Gulal.



Happy Ram Navami



MERRY CHRISTMAS

May blessings and happiness accompany you and your family during this season.



NATIONAL NO SMOKING DAY

DID YOU KNOW?
Smoking causes about 80% for 9 out of 10 of all lung cancer deaths. More women die from lung cancer each year than from breast cancer. Smoking causes about 80% for 8 out of 10 of all deaths from chronic obstructive pulmonary disease (COPD). Cigarette smoking increases risk for death from all causes in men and women.



INTERNATIONAL STAND UP TO BULLYING DAY

DID YOU KNOW?
The most commonly reported type of bullying is verbal harassment (79%), followed by social harassment (50%), physical bullying (39%), and cyberbullying (35%).

STOP BULLYING



WORLD AIDS DAY

DID YOU KNOW?
When the first World AIDS Day was held in 1988, an estimated 90,000 to 150,000 people were infected with HIV, which causes AIDS (Acquired Immune Deficiency Syndrome).



INTERNATIONAL Women's Day

DID YOU KNOW?
Women's Day was a result of several socialist movements, which demanded voting rights for women and better working conditions.





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management college of media studies
INDIA'S PREMIER MEDIA SCHOOL



SB-22

