



RSET's
Deviprasad Goenka
management college of media studies
INDIA'S PREMIER MEDIA SCHOOL



District 3141
Rotaract



Club of
DGMCMS
Rotary Club of Bombay Airport
Club ID : 218546

THE BRIDGE

FROM OUR HEART TO YOURS

VOLUME - 3 RI YEAR 2024-25

ECHOES OF PANCHADHARA



The Rotaract Club of Deviprasad Goenka Management College of Media Studies hosted Echoes of Panchadhara to honor five amazing years of the club's journey. The evening kicked off with a video showcasing Ganesh Chaturthi celebrations, followed by inspiring speeches from Principal Dr. Amee Vora and the Club Advisor Prof. Nilanksha Sachdev.



Club President Rtr. Sanman Hutgikar took the stage to share the club's remarkable milestones, highlighting key achievements such as the launch of exclusive club merchandise and the exciting announcement of reaching 200 members for the RI Year 2024-2025. His speech resonated with pride and enthusiasm, reflecting the club's growth and vibrant community.



Echoes of Panchadhara was a heartfelt celebration of the Rotaract Club of DGMC's enduring legacy, bringing together past and present members for an evening filled with nostalgia, camaraderie, and inspiration. The event served as a beautiful tribute to the club's journey, honoring the contributions of those who have shaped it over the years.



Adding to the excitement, the evening featured engaging activities and fun games that brought members closer, fostering a spirit of unity and celebration. Echoes of Panchadhara was more than just a celebration—it was a reminder of the club's strong foundation and an inspiration to uphold its legacy of creativity, unity, and excellence.

MINDFUL MILES



The Rotaract Club of Deviprasad Goenka Management College of Media Studies, in collaboration with BEST and the Sahaja Yoga Foundation, launched an initiative called Mindful Miles, which aimed at providing stress-relief meditation sessions for BEST drivers. These sessions took place at Dadar's BEST Bhavan and were part of the Panchadhara Initiative, a dedicated effort to promote mental well-being among individuals in high-stress professions.



The Mindful Miles initiative sought to address the pressures faced by BEST drivers who navigate the chaotic and often stressful streets of Mumbai every day. Over the course of three days, drivers participated in guided meditation sessions where they were taught practical stress-relief techniques such as deep breathing exercises, guided imagery, and muscle relaxation. These techniques are known for their ability to effectively reduce stress, not just in the moment but also in daily life, offering long-term benefits for both mental and physical health.



The response from the drivers was significantly positive. Many participants reported that the methods they learned were not only easy to incorporate into their daily routines but also highly effective in reducing their stress levels both on and off the job.



The initiative has proven to be a valuable resource for the drivers, and it highlights the importance of addressing mental health in the workplace, especially in professions that involve high levels of public interaction and pressure. This successful collaboration marks a positive step forward in creating a healthier, more mindful work environment for those in the transportation sector, and it sets the stage for similar initiatives in the future.

STAGE FOR TEACHERS



The Rotaract Club of DGMC organized Stage for Teachers, a heartfelt and entertaining event to honor the teaching and non-teaching staff. The evening began with a grand entrance as Principal Dr. Amee Vora, faculty members, and staff were escorted by the Core Team. Setting the perfect tone for the event, Joint Secretary Rtr. John Rego took charge as the host, ensuring a seamless flow and keeping the audience engaged throughout.

The event was filled with spectacular performances as faculty members showcased their hidden talents. From soulful poetry and melodious singing to energetic dance performances and witty stand-up comedy, the stage came alive with creativity and enthusiasm. The students were delighted to see their mentors step into the spotlight, embracing the moment with confidence and charm.



The evening concluded with a vote of thanks by President Rtr. Sanman Hutgikar, who expressed gratitude to all faculty members for their contributions. A photo session captured the joyful moments, followed by refreshments, allowing everyone to unwind and share their excitement.



A night to remember, Stage for Teachers not only celebrated the incredible talents of the faculty but also strengthened bonds between students and teachers. It was an evening filled with appreciation, joy, and unforgettable memories that will be cherished for years to come.

THE GUARDIAN'S GRATITUDE



On the occasion of the New Year, the Rotaract Club of DGMC took the initiative to acknowledge the tireless efforts of the security staff at RSET by distributing thermoflask bottles as a token of appreciation. The project was designed to recognize their commitment and ensure their comfort during duty hours, especially in varying weather conditions.



Club members personally handed over the bottles to the security personnel, engaging in heartfelt conversations and extending New Year wishes. The simple yet meaningful act not only uplifted their spirits but also reinforced the club's ethos of community service and gratitude towards those who work behind the scenes to ensure the safety and security of the institution.

CROWDFUNDING



As part of Panchadhara – Celebrating Five Years of RCDGMC, the Rotaract Club of DGMC launched a crowdfunding initiative to raise funds and spread awareness about cervical cancer. Volunteers, equipped with official authorization, visited shops and localities, engaging the public in meaningful conversations about prevention and early detection.

Through door-to-door outreach, they not only collected donations but also educated communities. The overwhelming generosity helped raise substantial funds, which will support impactful projects under Panchadhara. The Crowdfunding wasn't just about fundraising, it was about advocacy, awareness, and action. The initiative reinforced the power of youth-led change, proving that small steps can make a big impact.



ART BEYOND BARS

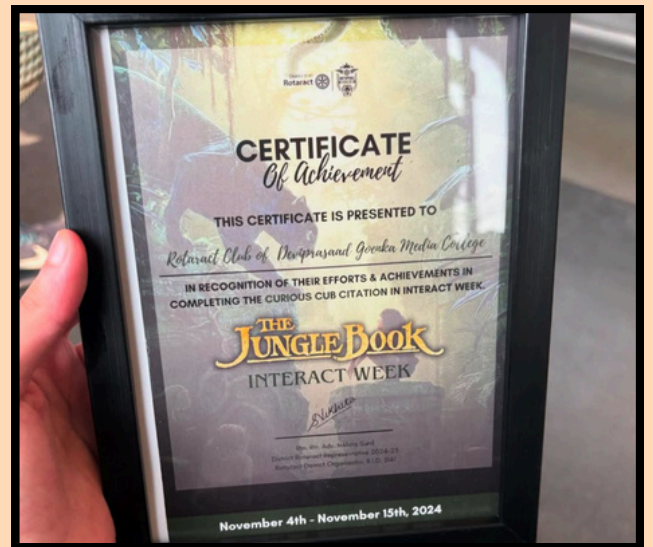


As part of the Panchadhara initiative, the Rotaract Club of DGMC organized Art Beyond Bars, an art therapy session for female inmates at Central Jail, Byculla on 29th January 2025. The event was attended by Principal Dr. Amee Vora, President Rtr. Sanman Hutgikar, Club Secretary Rtr. Angel Bhatt, and the Director of Community Service Rtr. Shravani Khairmode who actively participated in engaging with the inmates. The session was led by Dr. Krupa Gandhi, an expert in therapeutic interventions who has conducted similar sessions in correctional facilities across Gujarat.

The initiative aimed to provide a creative and emotional release for inmates, enhancing their mental well-being through art. Activities included karaoke singing, allowing participants to express themselves through music, and painting sessions, enabling them to channel their emotions onto the canvas. The experience fostered self-expression, positivity, and introspection, offering inmates a refreshing change from their daily routine.

A post-session meeting with the Deputy Inspector General (DIG) of the Jail focused on the significance of rehabilitative programs like art therapy in correctional institutions. The session was met with enthusiasm and active participation, highlighting the profound impact of art as a tool for healing and rehabilitation.

CURIOUS CLUB CITATION



The Rotaract Club of DGMC proudly received the Curious Club Citation for its incredible work in promoting leadership, preparedness, responsibilities and civic making a lasting impact on the community!

HEALTH CHECK-UP CAMP



On December 1st, 2024, Ramniwas Bajaj High School hosted a free health checkup camp at Durgadevi Saraf Hall, organized by the Interact Club and PTA of RBHS, Rotary Club of Borivali East, and RCDGMC. Running from 9:00 AM to 3:00 PM, the event offered the community free consultations with doctors, blood pressure and sugar screenings, and an informative campaign on blood and skin donation.

Volunteers from RCDGMC were instrumental in ensuring the smooth running of the camp, assisting doctors, guiding attendees, and maintaining order. Their dedication helped raise awareness on early disease detection and the importance of donations.



This camp highlighted the power of community-driven health initiatives, paving the way for more impactful health events in the future!

SECRET SANTA



The Rotaract Club of DGMC spread holiday cheer with a Secret Santa stall, turning festive spirit into a meaningful cause! Students joined the lucky draw by purchasing tickets, with all proceeds going towards gifts for children in local orphanages.

With overwhelming support from students, faculty, and staff, the fundraiser was a huge success! Club members carefully selected gifts, ensuring each child got a special surprise.

Three lucky winners from the draw were announced on RCDGMC's Instagram handle. The event wrapped up with heartwarming smiles, proving that a little holiday magic goes a long way!



The true holiday spirit isn't about receiving, it's about sharing warmth, love and a lil magic with those who need it the most.



CERVICAL CANCER AWARENESS SESSION



On February 12th, 2025, the Rotaract Club of DGMC took an important step towards community health by organizing a Cervical Cancer Awareness Programme in our newly adopted village, Keltipada in Aarey Colony. The event was spearheaded by Dr. Bela Bhatt, who passionately educated the villagers about cervical cancer, its symptoms, and crucial preventive measures.

In the village, many were unfamiliar with terms like 'cervical cancer' and 'early detection,' and access to healthcare information was limited. Dr. Bela Bhatt simplified these concepts, emphasizing the importance of regular screenings, HPV vaccinations, and early intervention. She also guided the community on recognizing warning signs and taking appropriate action.

Through this initiative, RCDGMC not only provided valuable information but also empowered the community to take charge of their health. The session served as a stepping stone towards building a healthier future and encouraging proactive healthcare practices.

The villagers responded positively, listening attentively, asking questions, and sharing personal experiences, making the session more engaging and impactful.

JUHU HALF MARATHON



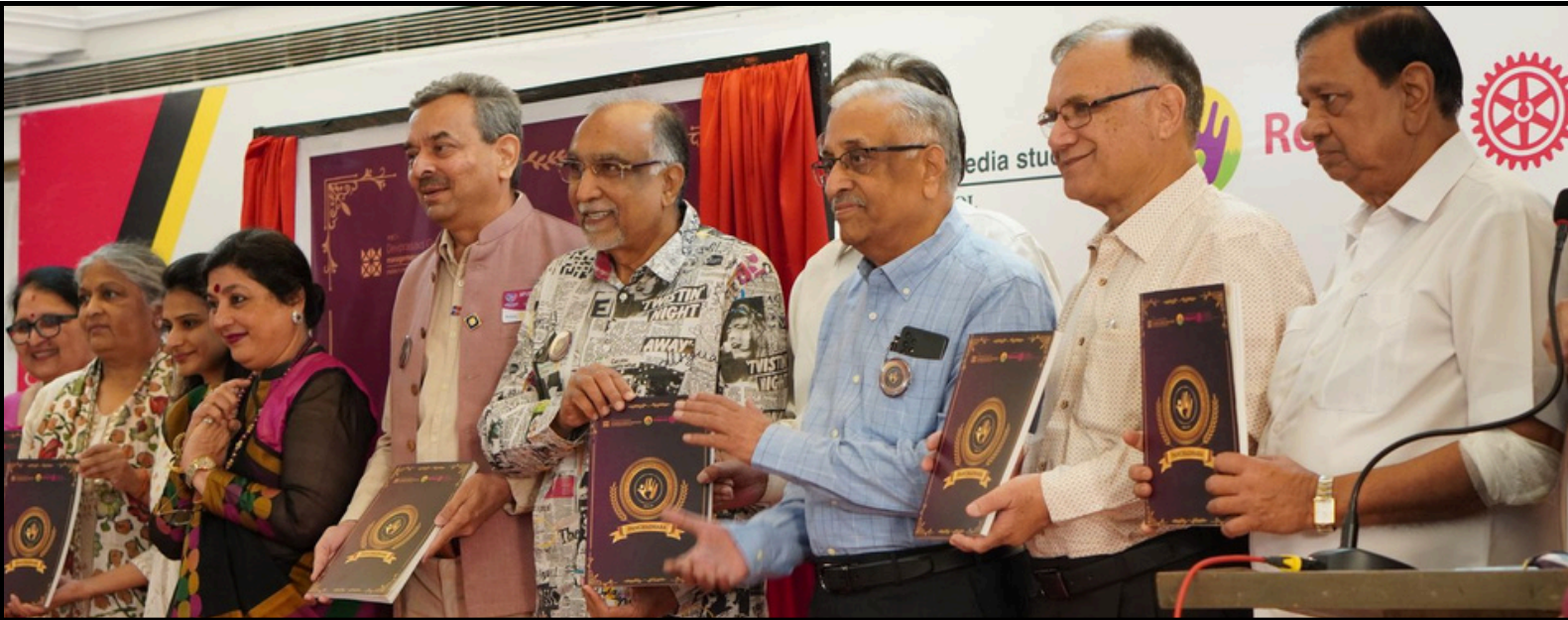
On 9th February 2025, the Rotary Club of Bombay Airport turned the streets of Juhu into a fitness fiesta with the much-anticipated Juhu Half Marathon! This high-energy event brought together passionate runners, fitness buffs, and spirited volunteers—all united by the love for health, wellness, and community service.

RCDGMC, right at the heart of it, was represented by a power-packed team who stepped up as volunteers to keep the marathon running. Joint Secretary Rtr. John Rego, Treasurer Rtr. Bilal Hasan, Deputy Directors, and a dedicated team of volunteers ensured everything ran smoothly, from registrations to cheering on runners and managing hydration points, all with great enthusiasm.

The event wasn't just about fitness; it was a fantastic bonding moment between Rotaract and Rotary. Working side by side, we strengthened our shared mission of community service while soaking in the electrifying marathon vibes.

RCDGMC had an unforgettable time, learned a lot, and left with a sense of accomplishment. This was an initiative where RCDGMC thrived to make a difference, one step at a time.

PANCHADHARA



The Rotaract Club of DGMC recently celebrated five remarkable years of service, growth, and impact with a grand and elegant event. Blending nostalgia, excitement, and pride, the evening honored the dedication of past and present members. Guests, including members from the Rotary Club of Bombay Airport, the District Rotaract Representative (DRR), and RSET, were welcomed with a live band, setting the stage for an unforgettable celebration of RCDGMC's journey.

With faculty, non-teaching staff, and enthusiastic club members in attendance, the atmosphere buzzed with energy and camaraderie. A defining moment of the morning was the banner reveal, where the Panchadhara logo was unveiled, symbolizing our five-year journey.

With the official start marked by the collaring of President Rtr. Sanman Hutgikar, the event moved forward with the National Anthem and the lighting of the lamp, a tradition symbolizing wisdom and a bright future ahead. The Master of the Ceremony, the past secretary, Mr. Jinto Joy, then set the tone with a heartfelt welcome, acknowledging the invaluable contributions of everyone present. The much-anticipated launch of The Panchadhara magazine took centre stage, showcasing our club's major projects and achievements over the years.



PANCHADHARA



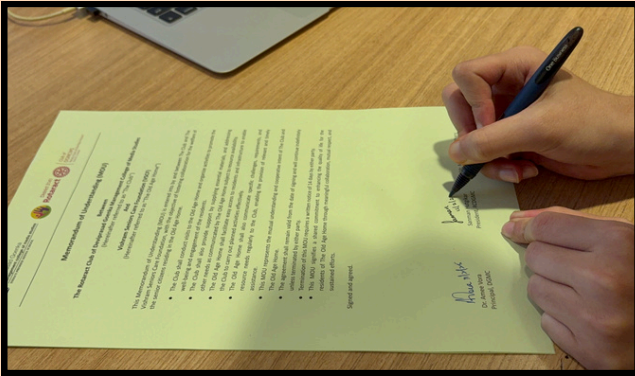
As the celebration unfolded, the Five Elements Dance took center stage, a captivating performance symbolizing Water, Fire, Soil, Wind, and Earth. This artistic expression beautifully reflected RCDGMC's journey, leaving the audience inspired by its elegance and profound significance.

Principal Dr. Amee Vora and the Assistant Governor gave inspiring speeches highlighting community service and teamwork. The People of Action segment honored dedicated members, while Club Advisor Nilanksha Sachdev reflected on personal and collective growth. As the event ended, the vote of thanks was followed by refreshments, sparking laughter, conversations, and shared memories.

The 5th anniversary of RCDGMC was more than just a celebration—it was a testament to our passion for service, unity, and leadership. With hearts full of pride and eyes set on the future, the Rotaract Club of DGMC is ready for many more years of impact and inspiration!



MOU's and Partnerships

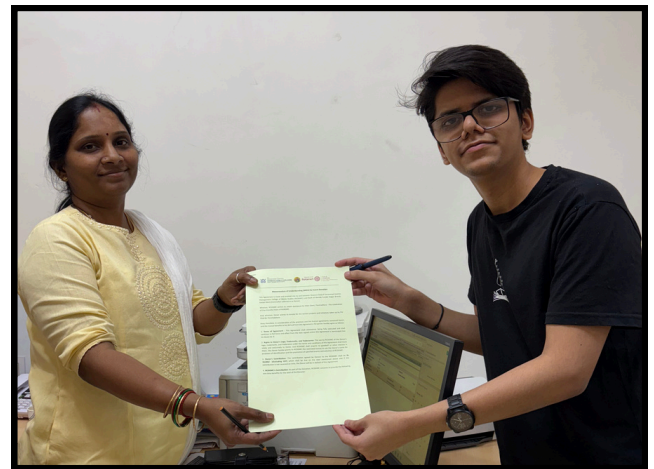


RCDGMC x VSCF

The Rotaract Club of DGMC signed a Memorandum of Understanding with 'Vishram Senior Care Foundation', an old age home in Borivali, officially adopting it under the Panchadhara initiative.

RCDGMC x BOB

The Rotaract Club of DGMC signed a Memorandum of Understanding with Bank of Baroda, Sunder Nagar Branch, for a donation towards various projects and initiatives under Panchadhara - The Celebration of 5 Graceful Year of RCDGMC.



RCDGMC x Keltipada

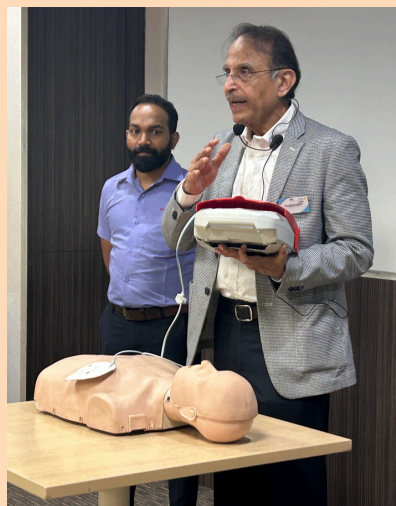
The Rotaract Club of DGMC signed a Memorandum of Understanding with the representative of Keltipada, Mr. Vinod Bhawar, in order to officially adopt the village.

HEARTBEATS OF HOPE



On February 6th, 2025, the Rotaract Club of DGMC brought back Heartbeats of Hope, a CPR training programme exclusively for the RSET staff. Partnering with the Rotaract Club of Bombay Airport (RCBA), the event was a step toward creating a safer and more prepared community. The session kicked off with a warm welcome from Rtr. Sanman Hutgikar, President of RCDGMC, setting the tone for an insightful experience.

The IPP of RCBA, Rtn. Dr. Akshay Mehta, our esteemed trainer, was honored by Dr. Amee Vora, Principal of DGMC, before diving into the life-saving techniques of CPR. Dr. Akshay Mehta then began with a crucial distinction between a heart attack and a cardiac arrest, as most people mix them up. He then introduced the four key steps of CPR and demonstrated the technique using a dummy. To keep everyone updated, he also shared that CPR is now called CCR (Cardiocerebral Resuscitation).



The training saw enthusiastic participation from faculty members across MBIS, RBHS, DSJC, DSIMS, GSCC, KGSS, KGES, RMCC, and the RSET Management, proving that safety knows no boundaries. Adding to the event's prestige were Rtn. Apurva Patel, President of RCBA, Rtn. Mona Patel, the First Lady, and Ms. Vandana from Bank of Baroda, Sunder Nagar Branch.

Their presence reinforced the importance of such initiatives. Heartbeats of Hope 2.0 was an engaging, empowering, and eye-opening experience. The session provided RSET staff with essential life-saving skills, proving that in emergencies, knowing CPR could mean the difference between panic and action. Here's to more such initiatives that help us keep the world a little safer, one heartbeat at a time.



THE GIFT OF LIFE



The Rotaract Club of Deviprasad Goenka Management College of Media Studies was honored to be invited to a special meeting hosted by its Parent Rotary, The Rotary Club of Bombay Airport (RCBA), celebrating 5 glorious years of their project – "Gift of Life." The meeting took place on 24th January 2025 at the Rotary Centre Juhu, marking a significant milestone in RCBA's unwavering commitment to supporting children affected by Congenital Heart Disease (CHD).

The meeting was called by RCBA President Rtn. Apurva Patel, Club Secretary Rtn. Harsha Mehta, President-Elect Rtn. Pragna Mehta, and Past President Rtn. Nitin Mehta. The event also saw the presence of representatives from Sri Satya Sai Sanjeevani Hospital, Kharghar, whose dedication and collaboration have played an instrumental role in providing free-of-cost treatment to children with CHD under the "Gift of Life" initiative. A key highlight of the evening was the exclusive screening of the audiovisual (AV) film created by the members of RCDGMC during the collaborative video shoot project held on 7th and 8th March, 2024.



The AV effectively conveyed the importance of early diagnosis and treatment of CHD while showcasing the remarkable impact of RCBA's initiative. The video received high appreciation from all present, acknowledging the creativity, dedication, and storytelling skills of the DGMCC students. The project not only provided the students with practical exposure to the audiovisual production process but also allowed them to witness how media can be used as a powerful tool to drive social change.

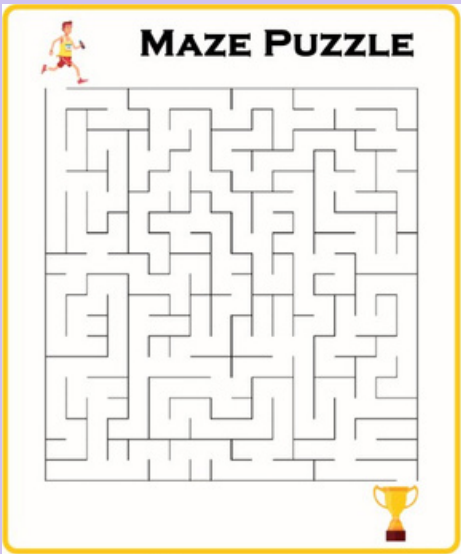


The RCBA members commended the efforts of RCDGMC and the students for their valuable contribution in spreading awareness about such a critical cause. RCDGMC expresses heartfelt gratitude to RCBA for the opportunity to be a part of this noble initiative and remains committed to supporting future projects.

Director of the Quarter



Rtr. Jeimen Chawda
Director of Club Service



COMIC STRIP



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WORD SEARCH

SPORTS WORD SEARCH

ATHLETICS

SKELETON

TENNIS

VOLEYBALL

CURLING

FOOTBALL

SKI

SNOWBOARD

FENCING

RUGBY

EQUESTRIAN

JUDO

TABLE TENNIS

HANDBALL

BOXING

NEVTUBALLKINGTOCNSAT

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BASEBALL

ICE HOCKEY

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WRESTLING

BASKETBALL

CYCLING

DIVING

TAEKWONDO

SURFING

GYMNASTICS

LUGE

SWIMMING

ARCHERY

KARATE

CRICKET

Institutions



Kudilal Govindram Seksaria
sarvodaya school
INSPIRE, INVENT, INITIATE



Kudilal Govindram Seksaria
english school
INSPIRE, INVENT, INITIATE



Ramniwas Bajaj
english high school
UNLEASH YOUR POTENTIAL



Mainadevi Bajaj
international school
GIVING WINGS TO YOUR DREAMS



Durgadevi Saraf
junior college
IN PURSUIT OF EXCELLENCE



Ghanshyamdas Saraf
college of arts & commerce
EDUCATION EMPOWERS



Kirandevi Saraf
institute of complete learning
WIDENING HORIZONS



Durgadevi Saraf
institute of management studies
WE CREATE LEADERS



Durgadevi Saraf
global business school
LEARN AND INSPIRE



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INDIA'S PREMIER MEDIA SCHOOL



Ladhidevi Ramdhar Maheshwari
night college of commerce
ENLIGHTENING FUTURE



Ramdhar Maheshwari
career counseling centre
STEERING TO SUCCESS



Kunjibihari S. Goyal
online academy
LEARNING BEYOND BOUNDARIES



Draupadidevi Sanwormal
women's hostel
HEAVENLY DOMICILE



Pravinchandra D. Shah
sports academy
FITNESS REGIME



Vishwanath Podar
study centre
INTELLECTION HUB



Mainadevi Bajaj
international playschool
YOUNG EVOLVING MINDS



Jankidevi Bilasrai Bubna
boys hostel
A WISE HIVE



Nalini Shah
music academy
MUSICAL HARMONY



Rajsthani Sammelan
skill development centre
SCULPTING SKILLS

Endowment Funds & Research Chair



Remsons Group
management research centre
MANAGEMENT RESEARCH



I R B
scholarship endowment fund
HONOURING EXCELLENCE



B K T
endowment freeship fund
FOSTERING KNOWLEDGE



Jankidevi Bilasrai Bubna
endowment freeship fund
EMBOLDENING STRENGTHS

Facilities



Dhurmal Bajaj
bhavan
COMMUNITY PARADISE



Durgadevi Saraf
hall
TREASURING MEMORIES



Trivenidevi Deora
chikitsa sahayata kosh
HELPING TO HEAL



Ramnarayan Saraf
educational outlet
ONE STOP EDU-SHOP



Vijay Pal Singh
health centre
WEALTH OF WELLBEING



Kirandevi Saraf
library and reading room
WORLD OF KNOWLEDGE



Rajsthani Sammelan
I.T. hub
LINKING GLOBALLY



Rajsthani Sammelan
food court
FOOD FOR THOUGHT

