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Christmas Holiday_Terms & Conditions RSET's



Deviprasad Goenka
management college of media studies
INDIA'S PREMIER MEDIA SCHOOL

Deviprasad Goenka Management College of Media Studies (DGMC)
RSET Campus, S. V. Road, Malad (w), Mumbai 400 064, Maharashtra, India

Notice: 1250 /2024

6th Jan 2024

NOTICE

ROTARACT – SOUL SYNC

The Rotaract Club cordially invites you and your parents for 'Soul Sync' a session on Parent-Child Relationship. This session aims to provide a platform for open discussion and awareness about mental health concerns, and to equip parents with the knowledge and resources to support their children's well-being.

The Guest speakers **Mrs. Sheetal Tanna** and **Mr. Jayesh Tanna** one of the best experts in Parent-Child relationships shall be travelling exclusively from Nashik to conduct this session in DGMC

A box will be placed on the ground floor where students can anonymously write down any problems or concerns they face. The Speakers will pick these chits and address them during the session, ensuring confidentiality.

Event Details

Date: **13th January, 2024**
Time: 3pm
Venue: Madhopradad Saraf Seminar Hall
Registration Link - <https://forms.gle/QHtpFFk3n5BsL2sSA>

We encourage all students to actively participate in this session and bring their parents along.



Dr. Ameet Vora
Principal



RSET
Deviprasad Goenka
management college of media studies
INDIA'S PREMIER MEDIA SCHOOL



District 3141
Rotaract



Club of
DGMCMS
Rotary Club of Bombay Airport
Club ID: 218546

Presents

Soul Sync

A session Exclusively highlighting the importance of
Parent-Child Relationship

Time - 3pm

Date - 13th January, 2024

Venue - Madhoprasad Saraf Seminar Hall
DGMC, RSET Campus



Sheetal Tanna



Jayesh Tanna



RSET-3
Deviprasad Goenka
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About the Speakers

We go by the names Sheetal and Jayesh Tanna. Our expertise lies in the field of Life Coaching, specifically in Teen and Parent Coaching, which we have been practicing since 2017. We have worked with 500+ parents and teachers, 4000+ students from top institutions, helping achieve amazing family transformations

Session Highlights

Parental Self-Care

- Balancing parental responsibility and personal mental health
- Strategies for parents to maintain their well-being while supporting their children

Developing a connect

- Strategies for creating a supportive home environment
- Encouraging healthy coping mechanisms and self-care practices
- Seeking professional help when needed

Soul Sync...